

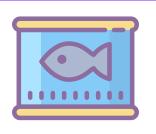
Secure your space.

Make sure heavy furniture is fixed to the wall and that loose objects are put away safely.

Make a Plan.

Sit down with your family and make a plan. What do you need? Where will you hide? How will you communicate if you are split up?





Get Supplies

Make sure you have everything you need to survive. This might include tins of food, a first aid kit and torches.

Make sure everything is somewhere easy to get to.

Minimise Risk

Make sure your house is structurally safe and that you have insurance to cover any damage that might occur.





Drop, Cover and Hold on.

When the earthquake begins, get down low, seek cover and hold on tight.

Help if you can.

If it is safe to do so, help your neighbours, look after the injured and make sure you are as safe as possible incase of further tremours.







Repair.

Come together as a community to repair damage and look after each other. Make sure that vulnerable people are looked after.

Prepare	Secure your space.
	Make a Plan.
	Get Supplies
	Minimise Risk
Survive	Drop, Cover and Hold on.
Sar	Help if you can.
Recover	Repair.

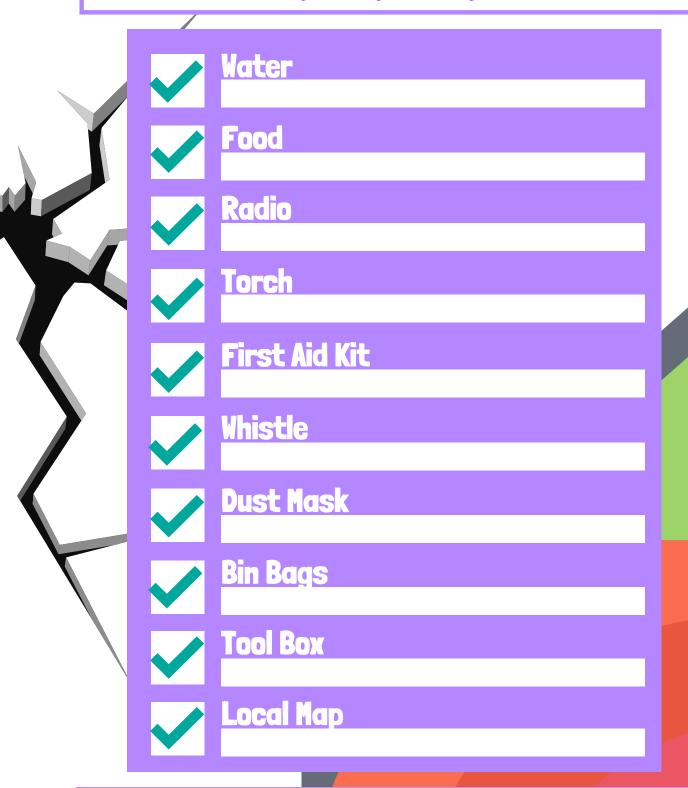
An earthquake can be a truly devastating natural disaster. Having a survival kit at the ready could make a big difference to you and your family.



Make sure your survival kit is somewhere that you could easily access in the event of an emergency. It's really important that your whole family know where it is so that everyone is prepared. Keep it well stocked so that you are ready for anything.



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