

Self Portraits Inspired by Frida Kahlo



1. You will need blue and yellow paper, coloured crayons, glue and tissue paper.

2. Print a photo of yourself and colour in pencil crayons OR even better, draw your own portrait.



3. Cut out this blue shape and stick it to your yellow background.

4. Stick your self-portrait in the middle.



5. Cut out circles of tissue. Put a blob of glue on the middle of each one and stick them on top of each other. Scrunch them to make them look like flowers!

6. Do this all around the yellow part of your picture and Ta Da!

